

# WWC News February 2012

**Winders Wee Care is on Yelp. Don't forget to stop by and give your service review!**

<http://www.yelp.com/biz/winders-wee-care-columbus>

## Pay less for your childcare!

On the last Friday of each month, donations of nonperishable food items can be donated in exchange for cash off of your bill that week. Each family can earn up to 10% off of their bill which is due on the last Friday in which 1 can = \$2. For example, if a family pays \$140 per week for childcare, they can bring in enough items to reduce their bill by up to \$14. Because each item is equal to \$2, they would bring in 7 items to reach this reduction amount.



In addition, families can reduce their cost of Parent's Night Out in the same fashion for up to 50% off their Parent's Night Out Services. Donated items will still count as \$2 for 1 item.

All items donated will be taken to the Mid-Ohio Food Bank.

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In February, the last Friday of the month falls on February 24th and the reduced payment will apply to the week of February 27—March 2.

Parent's Night Out dates this month are February 10th and February 24th. Parent's Night Out is from 6pm-10pm and the cost is \$10 for one child, \$19 for two children, and \$27.50 for three children

## Circle Time Slide Shows

As most of you know, Circle Time has been both doubled and enhanced. We now conduct a morning Circle Time with a focus on English and an afternoon Circle Time which focuses on Spanish. The slideshows are available for download on the website on your own personal page. Please keep in mind the slideshow contains images which are designed for the current week and is updated each week. The Power Point slide show available to you on your page is designed to give you an idea of what we cover and what signs/words your child is currently familiar with. I will periodically update the slideshow to give you a more up-to-date version. If you have questions, feel free to email me.

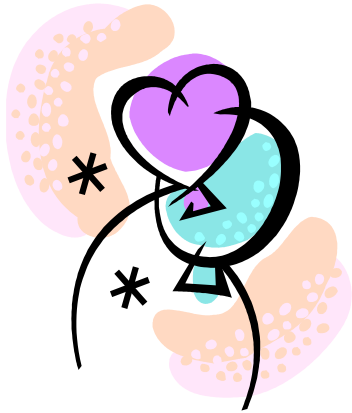
## We are now juice-free!

Many articles have been published in recent years regarding the healthfulness of bottled juices. Even though I served Juicy Juice I noted there was no real difference regarding ingredients between Juicy Juice and other brands.

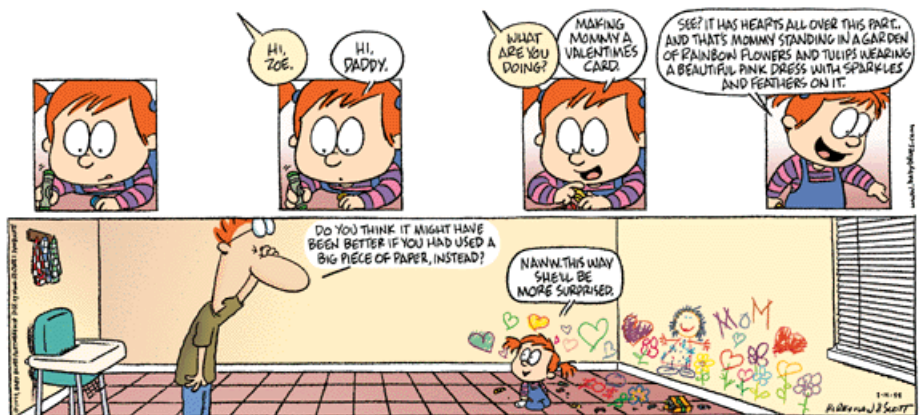
High levels of arsenic found in juice



After reading several articles about the contents of store-bought juice I made the decision I would no longer serve it. Bottled juice contains higher levels of both arsenic and lead than is recommended by the FDA. Unfortunately the guidelines in place to warn parents about this are vague and too flexible. While I am not harshly against the consumption of bottled juice, I feel it is my duty to provide nutrition which I feel is beneficial and not detrimental to your child's health.



In order to accomplish this goal, juice has been eliminated and its place the children have organic milk with their morning snack and bottled water with every other meal and snack. At meal times the children are given some combination of fresh fruits and vegetables so they are offered two servings. Morning snack consists of Cheerios or Gluten-Free Chex and afternoon snack has been altered from a cracker-type snack to fruit. If you have any questions or concerns, please feel free to email me.



Love is Like A Cabbage

My love is like a cabbage,  
 Divided into two,  
 The leaves I give to others,  
 The heart I give to you.

- Author Unknown



More than one-third of men would prefer not receiving a gift. Less than 20 percent of women feel the same way.

15 percent of U.S. women send themselves flowers on Valentine's Day.

<http://www.wisebread.com/weird-things-you-didnt-know-about-valentines-day>

## News That Matters To You!



News That Matters To You is the latest page added to the Winders Wee Care site. As parents there are many news stories we hear and others we miss. This page is designed to provide you with information, as reported by reputable sources, which will enhance the lives and health of you and your family. Feel free to browse and share this site and its contents with others. All articles are available in .pdf format by clicking on the related picture. The source of the news is located at the top of each article.

## Valentine's Day Childcare

Valentine's Day Childcare is being provided on Tuesday, February 14, from 5 pm—10 pm. Childcare services include dinner, nighttime snack, and a Valentine's Day party. Services are provided at a reduced rate for Winders Wee Care Families.

**Reduced rates for Valentine's Day childcare are available to regularly contracted Winders Wee Care families.**

	Hourly/Drop-In Families	Part Time Families	Part-Time Plus Families	Full Time Families
1 child	\$40	\$35	\$30	\$25
2 children	\$76	\$66.50	\$57	\$47.50
3 children	\$110	\$96.25	\$82.50	\$68.75

~ February 2012 Winders Wee Care Curriculum ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Letter D Number 4 Groundhog Day (Feb 2)	<b>30</b> Color Dd Color 4 four TP roll groundhog	<b>31</b> Find Dd Find 4 four Groundhog tracing	<b>1</b> Trace Dd Trace 4 four Groundhog puppet	<b>2</b> Dd words Four ~ cuatro Groundhog in Spring	<b>3</b> Dd art 4 four art Groundhog in Winter	<b>4</b>
<b>5</b> Letter E Number 5 Weatherman's Day (Feb 5)	<b>6</b> Color Ee Color 5 five Weather Chart - Chart	<b>7</b> Find Ee Find 5 five Weather Chart - Sun, Rain	<b>8</b> Trace Ee Find 5 five Weather Chart - Cloudy, Snow, Windy	<b>9</b> Ee words Five ~ cinco Weather Chart - shorts, pants, skirt, boots	<b>10</b> Ee Worksheet 5 five worksheet Weather chart - jacket, raincoat, coat, shoes, flip flops	<b>11</b>
<b>12</b> Letter F Number 6 Valentine's Day (Feb 20)	<b>13</b> Color Ff Color 6 six Valentines	<b>14</b> Find Ff Find 6 six Footprint hearts	<b>15</b> Trace Ff Trace 6 six Lovebug Butterfly	<b>16</b> Ff words Six ~ seis Handprint hearts	<b>17</b> Ff worksheet 6 six worksheet Icing Sugar Cookies	<b>18</b>
<b>19</b> Letter G Number 7 President's Day (Feb 20)	<b>20</b> Color Gg Color 7 seven Abe Lincoln Hat	<b>21</b> Find Gg Find 7 seven Finger puppets	<b>22</b> Trace Gg Trace 7 seven Arm/hand cherry tree painting	<b>23</b> Gg words Seven - siete Edible pretzel log cabin	<b>24</b> Gg worksheet 7 seven worksheet Cherry tree painting	<b>25</b>
<b>26</b> Letter H Number 8 Leap Day (Feb 29)	<b>27</b> Color Hh Color 8 eight Handprint frog	<b>28</b> Find Hh Find 8 eight Leaping rabbit	<b>29</b> Trace Hh Trace 8 eight Frog Bag Puppet	<b>1</b> Hh words Eight ~ ocho Frog hat	<b>2</b> Hh worksheet 8 eight worksheet Wooden frog craft	<b>3</b>

Parent's Night Out: Friday February 10th and Friday, February 24th from 5p,-10pm

Friday, February 24th is Mid-Ohio Food Bank Bill Reduction Day